

2021-2022 Academic Year

Certificated COBRA Subscribers

Benefits Health Plan Information Brochure

Santa Ana Unified School District Employee Benefits Office

1601 East Chestnut Avenue Santa Ana, California 92701-6322

Phone (714) 558-5686

Fax (714) 558-5682

Email <u>benefits@sausd.us</u>

Website www.sausd.us/benefits

Contents

This Table of Contents has been provided to you for two purposes:

- 1. To provide you an overview of the document's contents and organization.
- 2. To allow you to go directly to a specific section of your brochure.
 - Focus on Benefits | Plan Changes 1
 - Who Is Eligible & Who You Can Cover 2
 - Rules for Changes | Telephone Appointments 3
 - Rates 4
 - Medical HMO Plans 5
 - Prescription Coverage with Medical HMO Plans 6
 - Medical PPO Plan 7
 - Prescription Coverage with Medical PPO Plan 8
 - Dental PPO Plans 9
 - Dental HMO Plan 10
 - Vision Coverage 11
 - Employee Assistance Programs 12
 - Key Terms 13
 - Plan Notices and Documents 14
 - Provider Directory Back Cover

Focus of Benefits



We are the Santa Ana Unified School District believe you are our most important asset. Helping you and your family achieve and maintain good health - physical, emotional, and financial - is the reason we offer you this comprehensive health benefits program.

This year we are pleased to announce minimal changes to your dental plan coverages and minimal increases to your plan cost. However, even though your plans have not changed significantly, you may have different needs than last year.

Open Enrollment is you one-time each year to review your existing elections and make changes; add, drop, or change plans.

Plan Changes

Here are some medical and dental plan highlights for the 2021-2022 academic year.

Blue Shield

Spectrum

PPO

No changes to medical

Members still receive

Members still receive VSP

Express Scripts pharmacy

Rate increase*

vision coverage.

coverage.

coverage.

Medical Plan Changes

Blue Shield Access+ HMO Rate increase*

No changes to medical coverage.

Members still receive VSP vision coverage.

Members still receive Express Scripts pharmacy coverage. *Refer to your rates on page 5.

Dental Plan Changes

Delta Care USA DHMO No rate increases.

No changes to dental coverage.



No changes to dental coverage.

Blue Shield Trio ACO HMO Lowest costing plan*

No changes to medical coverage.

Members still receive VSP vision coverage.

Members still receive Express Scripts pharmacy coverage.



No changes to medical coverage.

Members still receive VSP vision coverage.



While we have made every effort to make sure that this guide is comprehensive, it cannot provide a complete description of all benefit provisions. For detailed information about our plans, you should refer to your plan benefits booklets provided by your insurance provider or summary plan descriptions that are available on our website, www.sausd.us/benefits. The plan benefits booklets provided by your insurance provider determine how all benefits are paid.

The benefits explained in this summary are effective: July 1, 2021 through June 30, 2022

Who Is Eligible

You are eligible to participate in our COBRA plans if you meet the qualifications specified in your COBRA notification (a COBRA notification is automatically generated for each qualified participant).

This is only a summary of the eligibility criteria and is not intended to modify or surpass the requirement of the plan documents and/or the Union contract, and the plan documents/Union contract will govern in the event of any conflict between this summary and the plan documents/Union contract.

When Your Coverage Will Begin

Any Open Enrollment elections will begin July 1. Open Enrollment is a window of opportunity, is usually two weeks long, and held near the end of the school year. *Open Enrollment announcements will be sent via email and postcard.*

If you add a New Family Member their coverage will begin on the first day of the following month, except for newborn children. Newborn children will be added to your benefits effective their date of birth. You have 30-days from your marriage or your newborn's birth date to enroll your new family member.

You Can Enroll During...

Open Enrollment is usually held sometime in April or May and is the one-time each year you can make changes to your benefits without a qualifying event.

Make sure to notify our office right away if you have a Qualifying Event and need to make a change to your benefits.

Qualifying events include, but are not limited to, the birth or adoption of a baby or child, loss of other coverage, your eligibility for new coverage, a marriage, or a divorce. You have 30-days to make your changes.

You Can Cover...

Your Spouse (the person you are legally married to under State law) including a same-sex spouse. A copy of the County issued marriage certificate is required to add your spouse.

Domestic Partners with proof of a Declaration of Domestic Partnership filed with the California State Secretary. Any premiums paid for by SAUSD for your domestic partner will be deducted on an after-tax basis.

Children including your Domestic Partner's children, adopted children, and/or stepchildren.

Any child over the age of 26 only if they are handicapped and proof of their handicap is provided to our office before they turn 19 years old. (See Article 15 of the C.B.A. for more details)

Any child named in a Qualified Medical Child Support Order (Q.M.C.S.O.), as defined by law.

Your children must be under 26 years old. They do not have to live with you or be enrolled in school. They can be married and living on their own.

You Cannot Cover...

Family members who are not eligible to be enrolled under your SAUSD health insurance plan include, but are not limited to, your Parents, Grandparents or Siblings.

Rules for Changes

Other than Open Enrollment you can only make changes to your benefits if you have a "qualified event" or a "special enrollment". If you have a "qualified event" and are eligible to make a change to your benefits you will be required to submit proof of that change or evidence of prior coverage.

There are four basic types of qualifying events. The following are examples and not a full list.

Loss of Health

Coverage If you lose your current

coverage, including job-based, individual, and/or a student plan. (Coverage cannot be lost due to non-payment of premiums)

If you are no longer eligible for Medicare, Medicaid, or C.H.I.P.

When you turn 26 years old and lose your coverage through your parent's plan. Changes in Household Like getting married or a

divorce.

Having a baby or adoption of a child.

Experiencing a death in your family.

Changes in Residence

If you move to a different ZIP Code or County that affects your access to network providers.

Other Qualifying Events

Changes in your income, such as going from full-time to parttime employment, that affects the coverage you qualify for.

A change in eligibility for Medicare or Medicaid.

A court order, including a Qualified Medical child Support Order (Q.M.C.S.O.).

Two rules apply when making changes to your benefits during the year:

- 1. Any change you make must be consistent with the change in status, AND
- 2. You must notify our office and make the change before or within 30-days of the date the event occurs.

You are responsible for notifying our office of your dependent(s) that become *INELIGIBLE* due to a divorce or if they become an overage dependent before or within 30-days of the event. Failure to do so may jeopardize your dependent's right to COBRA Continuation Coverage.

Telephone Appointments

Blue Shield Members

Heal[™] and Teladoc[™] let you see a doctor at a time and place that is best for you.

Heal[™] is only available for Blue Shield PPO members in Los Angeles, Orange County, San Francisco, Oakland, Berkeley, San Diego, and the Peninsula to San Jose.

The cost for Heal[™] is the same as your plan's Copay and Teladoc[™] has a \$5 Copay for both HMO and PPO members.





Kaiser Permanente Members

Get care from a doctor where they are. If you have a minor health condition or need a follow-up, you may be able to talk to a doctor by video or phone.

You need an in-person appointment and need to register on kp.org before you can receive a video or phone appointment.



3

The following charts summarize the monthly amounts SAUSD COBRA subscribers pay for their health insurance coverage.

COBRA Subscribers are billed a month in advance, on the third Monday of every month, and their payments are due the second Friday of the following month.

Rates are effective: July 1, 2021 through June 30, 2022

Medical Rates						Dental Rates	
	Blue Shield Access+ HMO	Blue Shield Spectrum PPO	Blue Shield Trio ACO HMO	Kaiser Permanente HMO	Delta Care USA DHMO	Delta Dental Incentive DPPO	Delta Dental Network DPPO
Single Covera	age (Subscriber O	only)					
Total Plan Cost	\$697.88/MO.	\$913.37 /мо.	\$492.92/мо.	\$588.23/мо.	\$18.13 /мо.	\$56.76/мо.	\$47.53/мо.
Two-Party Coverage (Subscriber +1 dependent)							
Total Plan Cost	\$1,443.71/мо.	\$1,897.63/мо.	\$1,018.51/мо.	\$1,172.82 _{/МО.}	\$29.92 /мо.	\$157.78 _{/мо.}	\$132.13/мо.
Family Coverage (Subscriber +2 or more dependents)							
Total Plan Cost	\$2,079.24 _{/MO.}	\$2,725.03 _{/MO.}	\$1,467.87 _{/MO.}	\$1,663.16 _{/MO} .	\$44.22 _{/MO.}	\$214.62 _{/мо.}	\$179.71 _{/MO.}

Blue Shield rates include: Medical, Express Scripts pharmacy, and V.S.P. vision coverage Kaiser Permanente rates include: Medical, Kaiser pharmacy, and V.S.P. vision coverage

Medical HMO Plans

Г

Same Cove Smaller Blu	eld Trio ACO HMO rage as Access+ HMO e Shield HMO Network r Employee Cost	Blue Shield Access+ H Same Coverage as Trio AC Full Blue Shield HMO Ne Higher Employee Co	O HMO twork	
В	ue Shield Trio ACO HMO	Blue Shield Access+ HMO	Kaiser Permanente HMC	
Rates				
Single Subscriber Only	\$492.92 _{/Mo.}	\$697.88 _{/Mo.}	\$588.23 _{/Mo.}	
Two-Party Subscriber +1 dependent	\$1,018.51 _{/Mo} .	\$1,443.71/мо.	\$1,172.82/мо.	
Family Subscriber +2 or more dependents	\$1,467.87/Mo. \$2,079.24/Mo.		\$1,663.16/мо.	
Calendar Year Deductible	None		None	
Calendar Year Out-of- Pocket Maximum	\$2,000 per person \$4,000 per family		\$1,500 per person \$3,000 per family	
ifetime Benefit Maximum	Unlimited		Unlimited	
Office Visits				
Primary Provider	\$20 c	сорау	\$20 copay	
Specialist Office Visit	\$20 copay When you are referred by your primary provider		\$20 copay	
	\$30 c When you self-refer wit	copay hin your provider group		
Preventive Services	Plan pay		Plan pays 100%	
Chiropractic Care	\$10 Up to 30 visits per year		Not covered	
Labs and X-rays	Plan pays 100%		Plan pays 100%	
lospitalization				
Inpatient	\$250 copay Per admission		\$250 copay Per admission	
Outpatient Surgery	Plan pays 100%		Plan pays 100%	
Emergency Services				
Urgent Care	\$20 copay		\$20 copay	
Emergency Room	\$150 copay Waived if admitted		\$150 copay Waived if admitted	

If you enroll in any of our medical plans you and your dependents will receive prescription coverage. The following chart shows the prescription coverage offered with our medical HMO plans.

	Blue Shield Trio ACO HMO and Access+ HMO	Kaiser Permanente HMO	
	Express Scripts*	Kaiser Pharmacy	
Prescription Calendar Year Deductible	\$150 per person For a brand name Rx	None	
Calendar Year Out-of-Pocket	\$4,600 per person	Combined with medical	
Maximum	\$9,200 per family		
Pharmacy Copays			
Generic	\$10 copay	\$10 copay	
Preferred Brand Name	\$25 copay After Rx deductible of \$150 per person	\$20 copay	
Non-Preferred Brand Name	\$40 copay After Rx deductible of \$150 per person	Not applicable	
Supply Limit	30 days	30days	
Mail Order Copays			
Generic	\$20 copay	\$20 copay	
Preferred Brand Name	\$50 copay After Rx deductible of \$150 per person	\$40 copay	
Non-Preferred Brand Name	\$80 copay After Rx deductible of \$150 per person	Not applicable	
Supply Limit	90 days	100 days	

*Express Scripts Advantage Plus Utilization Management Program

Express Scripts uses these strategies to help manage the high-cost and high-utilization of specialty and non-specialty medications.

Employees may be required to participate in the following programs when filling their prescriptions:

Drug Quantity Management	Step-Therapy	Prior Authorization
Drug quantity management is required for medications prescribed "as needed" for which the days of supply cannot be inferred from the prescription (migraine medications, inhalers, creams, ointments).	Step-therapy is required for most non- specialty drugs, including therapies for diabetes, high-blood pressure, depression, and ulcers.	Prior authorization is required for most specialty drugs.

Medical PPO Plans

Medical coverage provides you with benefits that keep you healthy like Preventive care screenings and access to urgent care. It also provides important financial protection if you have a serious medical condition. The following chart shows the medical PPO plan offered to SAUSD COBRA subscribers.

Rates Single Subscriber Only Two-Party Subscriber +1 dependent Family Subscriber +2 or more dependents In-Network Cove Calendar Year Deductible Sa00 per pers \$600 per fam Calendar Year Out-of-Pocket X2,800 per pers Aximum Unlimited Calendar Year Out-of-Pocket S5,600 per fan Lifetime Benefit Maximum Unlimited Office Visits Primary Provider S20 copay Preventive Services Plan pays 100 Chiropractic Care Plan pays 809 Up to 50 visits per y Labs and X-rays Plan pays 809 Hospitalization Inpatient Plan pays 809 Outpatient Surgery Plan pays 809 Plan p	n	t-of-Network Coverage \$600 per person \$1,200 per family \$4,600 per person \$9,200 per family
Subscriber Only Two-Party Subscriber +1 dependent Family Subscriber +2 or more dependents In-Network Cove Calendar Year Deductible \$300 per pers \$600 per fam Calendar Year Out-of-Pocket \$2,800 per pers \$600 per fam Calendar Year Out-of-Pocket \$2,800 per pers \$5,600 per fam Lifetime Benefit Maximum Unlimited Office Visits Primary Provider \$20 copay Specialist Office Visit \$20 copay Preventive Services Plan pays 100 Chiropractic Care Plan pays 809 Up to 50 visits per yr Labs and X-rays Plan pays 809 Outpatient Surgery Plan pays 809	\$1,897.63/мо. \$2,725.03/мо. age Ou	\$600 per person \$1,200 per family \$4,600 per person
Subscriber +1 dependent Family Subscriber +2 or more dependents In-Network Cove Calendar Year Deductible \$300 per pers \$600 per fam Calendar Year Out-of-Pocket \$2,800 per pers \$600 per fam Calendar Year Out-of-Pocket \$2,800 per pers Maximum Unlimited Diffice Visits \$20 copay Specialist Office Visit \$20 copay Primary Provider \$20 copay Specialist Office Visit \$20 copay Preventive Services Plan pays 809 Up to 50 visits per y Labs and X-rays Plan pays 809 Hospitalization Plan pays 809 Plan pays 809 Mutation Inpatient Plan pays 809 Outpatient Surgery Plan pays 809	\$2,725.03/мо. age Ou	\$600 per person \$1,200 per family \$4,600 per person
Subscriber +2 or more dependents In-Network Cover Calendar Year Deductible \$300 per pers \$600 per fam Calendar Year Out-of-Pocket \$2,800 per pers Maximum \$5,600 per fam Lifetime Benefit Maximum Unlimited Office Visits \$20 copay Specialist Office Visit \$20 copay Preventive Services Plan pays 800 Up to 50 visits per y Labs and X-rays Hospitalization Inpatient Inpatient Surgery Plan pays 800 Outpatient Surgery Plan pays 800	age Ou n	\$600 per person \$1,200 per family \$4,600 per person
Calendar Year Deductible \$300 per pers Calendar Year Out-of-Pocket \$2,800 per pers Maximum \$5,600 per fan Lifetime Benefit Maximum Unlimited Office Visits 20 copay Specialist Office Visit \$20 copay Preventive Services Plan pays 809 Up to 50 visits per y Labs and X-rays Hospitalization Inpatient Inpatient Surgery Plan pays 809 Outpatient Surgery Plan pays 809	n	\$600 per person \$1,200 per family \$4,600 per person
\$600 per fam Calendar Year Out-of-Pocket \$2,800 per per Maximum \$5,600 per fan Lifetime Benefit Maximum Unlimited Office Visits Primary Provider Specialist Office Visit \$20 copay Specialist Office Visit \$20 copay Preventive Services Plan pays 100 Chiropractic Care Plan pays 809 Up to 50 visits per y Labs and X-rays Hospitalization Inpatient Inpatient Plan pays 809 Outpatient Surgery Plan pays 809	n	\$1,200 per family \$4,600 per person
Calendar Year Out-of-Pocket \$2,800 per per state Maximum \$5,600 per fan Lifetime Benefit Maximum Unlimited Office Visits \$20 copay Primary Provider \$20 copay Specialist Office Visit \$20 copay Preventive Services Plan pays 100 Chiropractic Care Plan pays 809 Up to 50 visits per y Labs and X-rays Hospitalization Plan pays 809 Outpatient Surgery Plan pays 809	n	\$4,600 per person
Maximum \$5,600 per fan Lifetime Benefit Maximum Unlimited Office Visits Primary Provider Specialist Office Visit \$20 copay Preventive Services Plan pays 100 Chiropractic Care Plan pays 809 Up to 50 visits per y Labs and X-rays Plan pays 809 Hospitalization Inpatient Inpatient Plan pays 809 Outpatient Surgery Plan pays 809		
Lifetime Benefit Maximum Unlimited Office Visits Primary Provider \$20 copay Specialist Office Visit \$20 copay Preventive Services Plan pays 100 Chiropractic Care Plan pays 809 Up to 50 visits per y Labs and X-rays Plan pays 809 Hospitalization Inpatient Plan pays 809 Outpatient Surgery Plan pays 809	4	\$9,200 per family
Office Visits Primary Provider \$20 copay Specialist Office Visit \$20 copay Preventive Services Plan pays 100 Chiropractic Care Plan pays 809 Up to 50 visits per yill Labs and X-rays Hospitalization Plan pays 809 Outpatient Plan pays 809 Plan pays 809 Plan pays 809		
Primary Provider\$20 copaySpecialist Office Visit\$20 copayPreventive ServicesPlan pays 100Chiropractic CarePlan pays 809Up to 50 visits per yLabs and X-raysHospitalizationPlan pays 809InpatientPlan pays 809Outpatient SurgeryPlan pays 809		Unlimited
Specialist Office Visit \$20 copay Preventive Services Plan pays 100 Chiropractic Care Plan pays 809 Up to 50 visits per y Labs and X-rays Hospitalization Plan pays 809 Inpatient Plan pays 809 Outpatient Surgery Plan pays 809		
Preventive Services Plan pays 100 Chiropractic Care Plan pays 809 Up to 50 visits per y Labs and X-rays Hospitalization Plan pays 809 Inpatient Plan pays 809 Outpatient Surgery Plan pays 809		Plan pays 60%*
Chiropractic Care Plan pays 809 Up to 50 visits per y Labs and X-rays Plan pays 809 Hospitalization Inpatient Plan pays 809 Outpatient Surgery Plan pays 809		Plan pays 60%*
Up to 50 visits per y Labs and X-rays Plan pays 809 Hospitalization Inpatient Outpatient Surgery Plan pays 809)	Not covered
HospitalizationInpatientPlan pays 80%Outpatient SurgeryPlan pays 80%		Plan pays 60%*
InpatientPlan pays 80%Outpatient SurgeryPlan pays 80%		Plan pays 60%*
Outpatient Surgery Plan pays 809		
		Not covered
Emergency Services		Plan pays 60%*
Urgent Care \$20 copay		Plan pays 60%*
Emergency Room \$150 copay Waived if admittee		\$150 copay
+20% physician serv		Waived if admitted

If you enroll in any of our medical plans you and your dependents will receive prescription coverage. The following chart shows the prescription coverage offered with our medical PPO plan.

	Blue Shield Spectrum PPO		
	Express Scripts ¹		
	In-Network Coverage	Out-of-Network Coverage	
Prescription Calendar Year Deductible	\$150 per person For a brand name Rx	\$150 per person For a brand name Rx	
Calendar Year Out-of-Pocket	\$3,800 per person	\$2,000 per person	
Maximum	\$7,600 per family	\$4,000 per family	
Pharmacy Copays			
Generic	\$10 copay	\$10 copay Then plan pays 75%	
Preferred Brand Name	\$25 copay* After Rx deductible of \$150 per person	\$25 copay* After Rx deductible of \$150 per person, then plan pays 75%	
Non-Preferred Brand Name	\$40 copay* After Rx deductible of \$150 per person	\$40 copay* After Rx deductible of \$150 per person, then plan pays 75%	
Supply Limit	30 days	30days	
Mail Order Copays			
Generic	\$20 copay	Not covered	
Preferred Brand Name	\$50 copay* After Rx deductible of \$150 per person	Not covered	
Non-Preferred Brand Name	\$80 copay* After Rx deductible of \$150 per person	Not covered	
Supply Limit	90 days	Not applicable	
	*After deductible		

¹Express Scripts Advantage Plus Utilization Management Program

Express Scripts uses these strategies to help manage the high-cost and high-utilization of specialty and non-specialty medications.

Employees may be required to participate in the following programs when filling their prescriptions:

Drug Quantity Management

Drug quantity management is required for medications prescribed "as needed" for which the days of supply cannot be inferred from the prescription (migraine medications, inhalers, creams, ointments). **Step-Therapy** Step-therapy is required for most nonspecialty drugs, including therapies for diabetes, high-blood pressure, depression, and ulcers.

Prior Authorization

Prior authorization is required for most specialty drugs.

Dental PPO Plans

ontact Delta Dental at (866) 499-3001 or visit	t their website at <u>www.</u>	deltadentalins.com to fir	nd to provider near you	
	Delta Dental In	centive DPPO*	Delta Dental N	letwork DPPO
Rates				
Single Subscriber Only	\$56.	6/мо. \$47.53/мо.		53/мо.
Two-Party Subscriber +1 dependent	\$157.78 _{/Мо.} \$214.62 _{/Мо.}		\$132.13 _{/Мо.} \$179.71 _{/Мо.}	
Family Subscriber +2 or more dependents				
	In-Network Preferred Providers	Out-of-Network Premier Providers	In-Network Preferred Providers	Out-of-Network Premier Providers
Calendar Year Deductible	None	\$25 per person \$75 per family Waived for diagnostic and preventive	None	None
Calendar Year Benefit Maximum	\$2,000 per person	\$1,500 per person	\$2,250 per person	\$1,500 per persor
Waiting Period	None	None	None	None
Diagnostic and Preventive	Plan pays 70-100%	Plan pays 70-100%	Plan pays 100%	Plan pays 50%
Basic Services				
Fillings	Plan pays 70-100%	Plan pays 70-100% After deductible	Plan pays 100%	Plan pays 50%
Root Canals	Plan pays 70-100%	Plan pays 70-100% After deductible	Plan pays 100%	Plan pays 50%
Major Services				
Prosthodontics	Plan pays 50%	Plan pays 50% After deductible	Plan pays 50%	Plan pays 50%
Other Major Services	Plan pays 70-100%	Plan pays 70-100% After deductible	Plan pays 100%	Plan pays 50%
Orthodontia Services				
Orthodontia	Plan pays 50%	Plan pays 50%	Plan pays 50%	Plan pays 50%
Lifetime Maximum	\$500	\$500	\$1,500	\$1,500
Dependents	percentage increases by 10% ea use the coverage for one full rou you do not use the plan for one	Covered or the first year of coverage. This ach year to a max of 100% if you titine exam at least once a year. If full routine exam at least once a ain at the level you reached the	Covered	Covered

Delta Care is a dental HMO plan and automatically assigns you and your dependents a dentist when you enroll. You can always change your dentist by calling Delta Care at (800) 422-4234 and letting them know the office you prefer within their DHMO network.

	Delta Care USA DHMO
Rates	
Single Subscriber Only	\$18.13 _{/Mo} .
Two-Party Subscriber +1 dependent	\$29.92 _{/Mo} .
Family Subscriber +2 or more dependents	\$44.22 _{/Mo} .
Calendar Year Deductible	None
Calendar Year Benefit Maximum	Unlimited
Waiting Period	None
Diagnostic and Preventive	\$0 - \$45 copay
Basic Services	
Fillings	Plan pays 100%
Root Canals	Plan pays 100%
Major Services	
Prosthodontics	Not applicable
Other Major Services	\$0 - \$95 copay Then the plan pays 100%
Orthodontia Services	
Orthodontia	\$1,700 - \$1,900 copay Your copay covers up to 24 months of active treatment
Lifetime Maximum	Unlimited
Dependents	Covered

Copays vary by the type of services you receive. To receive a list of Delta Care's fee schedule, you should contact Delta Care at (800) 422-4234 and request a copy of the plan's contract.

Vision Coverage

Routine vision exams are important, not only for correcting vision but because they can detect other serious health conditions.

All SAUSD employees and family members enrolled in our medical plans, including Kaiser members, will receive vision benefits from Vision Service Plan (V.S.P.).

	VSP	
	In-Network Coverage	Out-of-Network Coverage
Office Visits	\$15 copay Then the plan pays 100%	Plan pays up to \$45
Frequency	Every 12 months	Every 12 months
Eyeglass Lenses		
Single Vision Lens	Plan pays 100%*	Plan pays up to \$30
Bifocal Lens	Plan pays 100%*	Plan pays up to \$50
Trifocal Lens	Plan pays 100%* *of basic lens only	Plan pays up to \$65
Frequency	Every 12 months	Every 12 months
Frames		
Allowance	Plan pays up to \$130 On select frames	Plan pays up to \$70
	Plan pays up to \$150 On featured frames	
Frequency	Every 24 months	Every 24 months
Contacts		
Allowance	Plan pays up to \$130 With up to a \$60 copay for fitting and evaluation	Plan pays up to \$105
Frequency	Every 12 months	Every 12 months

V.S.P. has a large network of optometrist you can choose from for your vision needs. Visit VSP.com to find a V.S.P. provider near you.

It is the District's goal to offer employees and their families programs, resources, and activities to support and encourage healthy lifestyles. These resources include relational, nutritional, physical, and emotional wellbeing.

Blue Shield Life Referrals 24/7

Because we want our employees to have a well-balanced life, Blue Shield members will receive E.A.P. benefits through Blue Shield's Life Referrals 24/7 program.

This program provides referrals to professional counselors for up to three (3) free face-to-face confidential visits every 6-months and live 60-minute telephone consultations.

You can access this program 24 hours, 365 days to help you resolve emotional, health, family, and work issues.

This benefit is included in your Blue Shield medical plan and is available to all household members.

Blue Shield Life Referrals 24/7

(800) 985-2405

•

Maiser Behavioral Health

Kaiser takes care of the whole you. Your personal physician coordinates your care with a mental health specialist, or team, that can diagnose mental health issues that affect your health and well-being.

Depending on your needs, you can choose from a wide range of services:

- Call or email your doctor.
- Make counseling appointments.Talk to an advice nurse
- Speak with a wellness coach.Enroll to take a class

- Make non-urgent appointments. Ta
- Make therapy appointments

Kaiser Behavioral Health Hotline (800) 900-3277

Wellness Coaching (866) 402-4320

Key Terms

Medical/General Terms

Allowable Charge

The most an in-network provider can charge you for an office visit or service.

Balancing Billing

Non-network providers are allowed to charge you more than the plan's allowable charge. This is called balance billing.

Coinsurance

The cost between you and the insurance company. Coinsurance is always a percentage totaling 100%. For example, if the plan pays 70%, you are responsible for the remaining 30% of the cost.

Copay

The fee you pay to a provider at the time of service.

Deductible

The amount you must pay out-ofpocket for expenses before the insurance company will cover any benefits costs for the year (except for preventive care and other services where the deductible is waived).

Explanation of Benefits (E.O.B.)

The statement you receive from the insurance carrier that explains how much the provider billed, how much the plan paid (if any), and how much money you owe (if any). In general, you should not pay a bill from your provider (except Copays) until you have received and reviewed your E.O.B.

Family Deductible

The maximum dollar amount any one family will pay out in individual deductibles in a year.

Individual Deductible

The dollar amount a member must pay each year before the plan will pay benefits for covered services.

In-Network

Services received from providers (doctors, hospitals, etc.) who are part of your health plan's network. In-network services generally cost you less than out-of-network services.

Out-of-Network

Services received from your providers (doctors, hospitals, etc.) who are not a part of your health plan's network. Out-of-network services generally cost more than in-network services. With some plans, such as HMOs and E.P.O.s, out-of-network services are not covered.

Out-of-Pocket

Healthcare costs you pay using your own money, whether from your bank account, credit card, health reimbursement account (H.R.A.), health savings account (H.S.A.), or flexible spending account (F.S.A.).

Out-of-Pocket Maximum

The most you would pay out-ofpocket for covered services in a year. Once you reach your out-ofpocket maximum, the plan covers 100% of eligible expenses.

Preventive Care

A routine exam, usually yearly, that may include a physical exam, immunizations, and test for certain health conditions.

Prescription Terms

Brand Name Drug A drug sold under its trademarked name. A generic version of the drug may be available.

Generic Drug

A drug that has the same active ingredients as a brand name drug but is sold under a different name. Generics only become available after the patent expires on a brand name drug. For example, Tylenol is a brand name pain reliever commonly sold under its generic name Acetaminophen.

Dispense as Written (D.A.W.)

A prescription that does not allow for substitution of an equivalent generic or similar brand drug.

Maintenance Medications

Medications taken on a regular basis for an ongoing condition such as high cholesterol, high blood pressure, asthma, etc. Oral contraceptives are also considered a maintenance medication.

Non-Preferred Brand Drug

A brand name drug for which alternatives are available from either the plan's preferred brand drug or generic drug list. There is generally a higher copayment for non-preferred brand drugs.

Preferred Brand Drug

A brand name drug that the plan has selected for its preferred drug list. Preferred drugs are generally chosen based on a combination of clinical effectiveness and cost.

Specialty Pharmacy

Provides special drugs for complex conditions such as multiple sclerosis, cancer, and H.I.V./A.I.D.S. billing.

Step Therapy

The practice of starting to treat a medical condition with the most cost effective and safest drug therapy and progressing to other costlier or risky therapy, only if necessary.

Dental Terms

Basic Services Generally, includes coverage for fillings and oral surgery.

Diagnostic and Preventive Services

Generally, includes routine cleanings, oral exams, x-rays, sealants, and fluoride treatments.

Endodontics

Commonly known as root canal therapy.

Implants

An artificial tooth root that is surgically placed into your jaw to hold a replacement tooth or bridge. Many dental plans do not cover implants.

Major Services

Generally, includes restorative dental work such as crowns, bridges, dentures, inlays, and onlays.

Orthodontia

Some dental plans offer orthodontia services for children (and sometimes adults too) to treat alignments of the teeth. Orthodontia services are typically limited to a lifetime maximum.

Periodontics

Diagnosis and treatment of gum disease.

Pre-Treatment Estimate

An estimate of how much the plan will pay for treatment. A pretreatment estimate is not a guarantee of payment.

Current Health Plan Notices

We must provide these notices to our plan participants on an annual basis. These health plan notices are also available on our website at <u>www.sausd.us/benefits</u>.

The notices include:

Medicare	Women's Health and	Newborn's and Mother's
Part D Notice	Cancer Rights Act	Health Protection Act
Notice of the option to access prescription drug coverage for Medicare eligible individuals.	Notice of the available benefits to those that will or have undergone a mastectomy.	Notice of the right of mothers and newborns to stay in the hospital 48-96 hours after delivery.
H.I.P.A.A. Notice of	Notice of	Children's Health Insurance
Special Enrollment Rights	Choice of Providers	Program Reauthorization Act
Notice of when you can enroll yourself and/or dependents in health coverage outside of Open Enrollment.	Notice of the plan's requirement that you name a primary care physician (P.C.P.).	Notice of the availability of premium assistance for Medicaid eligible dependents.

Current Plan Documents

These important documents for our health plans, and retirement plan, are available on our website at <u>www.sausd.us/benefits</u>.

These documents include:

Summary Plan Descriptions (SPD)

This document is the legal document for describing benefits provided under our plan, as well as plan rights and obligations to participants and beneficiaries. The S.P.D. for each of our plans in this brochure are available on our website at <u>www.sausd.us/benefits</u> on the Evidence of Coverage page.

Summary of Benefits and Coverage (SBC)

We are required to provide the following documents by the Affordable Care Act (A.C.A.). The S.B.C. presents benefit plan features in a standardized format. The following S.B.C.s are available on our website at <u>www.sausd.us/benefits</u> on the Coverage Summaries page.

Blue Shield Access+ HMO Blue Shield Spectrum PPO Blue Shield Trio A.C.O. HMO Kaiser Permanente HMO

Paper copies of these documents and notices are available as requested. If you would like a paper copy, contact our office at (714) 558-5686 or via email at <u>benefits@sausd.us</u>.

Statement of Material Modifications

This brochure constitutes a summary of material modifications (S.M.M.) to the Santa Ana Unified School District benefits plans. This brochure does not supplement and/or replace certain information in the S.P.D. Retain it for future reference along with your S.P.D. Please share these materials with your covered dependents.

A

American Fidelity

Phone: (800) 365-9180

www.americanfidelity.com Assistance with your flexible spending accounts.

Also, for assistance with your voluntary insurances including accident, cancer, critical illness, disability, and voluntary life.

American Specialty Health

Phone: (800) 848-3555

www.ashcompanies.com Chiropractic services for Blue Shield members.

В

Blue Shield of California

Trio Members: (855) 747-5800 Access+/PPO Members: (800) 393-6130

www.blueshieldca.com/sausd Medical provider for Blue Shield members.

Blue Shield Heal™

Phone: (844) 644-4325

getheal.com Telephone appointments for Blue Shield PPO members only.

Blue Shield Life Referrals 24/7

Phone: (800) 985-2405

www.blueshieldca.com/sausd Employee assistance program for Blue Shield members

Blue Shield Mental Health

Phone: (877) 263-9952

www.blueshieldca.com/sausd Mental health services for Blue Shield members.

Blue Shield Teladoc™

Phone: (800) 835-2362

member.teladoc.com/bsc

Phone of video consultations for Blue Shield members, except 65 Plus.

С

C.S.E.A.

Phone: (714) 532-3766

www.csea.com/web

Employee union for eligible Classified personnel.

D

Delta Dental

Phone: (866) 499-3001

www.deltadentalins.com Dental provider for Incentive and Network members.

Delta Care U.S.A.

Phone: (800) 422-4234

www.deltadentalins.com Dental provider for Delta Care members.

Е

Express Scripts

Phone: (877) 474-1136

express-scripts.com Pharmacy provider for Blue Shield members, except 65 Plus.

Κ

Kaiser Permanente

Phone: (833) KP4-CARE 574-2273

www.kp.org Medical provider for Kaiser members.

Kaiser Permanente Behavioral Health

Phone: (800) 900-3277

www.kp.org Mental health services for all Kaiser members.

Kaiser Permanente Wellness Coaching

Phone: (866) 402-4320

www.kp.org Employee assistance programs for Kaiser members.

Ρ

P.E.R.S. Phone: (888) 225-7377

www.calpers.com

Employee retirement system for Classified personnel.

S

S.A.E.A.

Phone: (714) 542-6758

www.santaanaeducators.com Employee union for eligible Certificated personnel.

Schools First Federal Credit Union

Phone: (714) 258-4000

www.schoolsfirst.org third-party administrator for additional retirement accounts.

S.T.R.S.

Phone: (800) 228-5453

www.calstrs.com Employee retirement system for Certificated personnel.

V

V.S.P. Phone: (800) 877-7195

www.vsp.com Vision provider for all S.A.U.S.D. health plan members.

W

Washington National

Phone: (888) 754-3406

www.washingtonnational.com

Assistance with your supplemental cancer insurance.